

**ONE WEEK nature-culture-people ESSAOUIRA & COUNTRYSIDE**  
**14-21 SEPTEMBER 2019**

<b>SAT</b> <b>14 SEPT</b>	Arrival Check in	Marrakech/Essaouira	-Transport included from Essaouira or Marrakech airport. (fixed time) -dinner own arrangements -night at the Riad
<b>SUN</b> <b>15 SEPT</b>	Riverside Walk, start 9h Lunch together Medina discovery	Half day hike (8km) Medina	-lunch together: La Decouverte -dinner own arrangements -night at the hotel
<b>MON</b> <b>16 SEPT</b>	2 days out in nature Full day hike in the region of Sidi Ahmed Essaye (cascade) – day 1	Full day hike (14km)	-lunch on the tour -dinner at the Berber family -night at the Berber's home
<b>TUE</b> <b>17 SEPT</b>	Day Hike to the bay of Iftane – day 2	Full day hike (12km)	-Picnic on the hike -dinner own arrangements -Night at the Riad
<b>WED</b> <b>18 SEPT</b>	Half day walk to in the Argan forest and visit of the ruins of the sugar fabrication. Argan cooperative Hammam & Massage in the afternoon	Half day walk (7km) Hammam/Massage	-Lunch together: grilled fish -Hammam -Dinner own arrangements -Night at the Riad
<b>THU</b> <b>19 SEPT</b>	Berber Cooking Class (Start 8:30h) with visit of the local souk in Tidzi. Camel ride on the beach start 17:30h	Souk Cooking Class Camel ride	-lunch at the farm -dinner at the camp -Night in the camp/tent
<b>FRI</b> <b>20 SEPT</b>	Walk from the camp back to town Free afternoon	Half day walk	-Lunch together: Couscous -Dinner own arrangements -Night at the Riad
<b>SAT</b> <b>21/09</b>	Check out Departure to the airport	Marrakech/Essaouira	-Transport included (fixed time)

**The weekly package includes:**

- 3 half day excursions
- 3 full day excursions (camel ride and cooking class included)
- 1 hammam (hammam and massage)
- 5 nights in a traditional Riad in the medina
- 1 night at a berber's family home
- 1 night under the tent/camp
- 6 lunches
- 2 dinners
- 2 transfers (ESU/RAK) only on Sat 14/09 à 17:30 pick up Jam el Fnaa/Marrakech medina, 18h airport of Marrakech.  
An on Sat 21/09 pick up at 11h from Essaouira to Marrakech (airport/medina).